

TEVAKAI

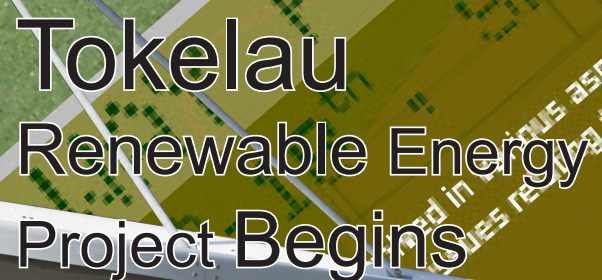
AN INSIGHT TO TOKELAU

INAUGURAL
SPORTS SYMPOSIUM

Joyita
Commence
After 55 Y
New Zealand
Police to
Tokelau

Joyita Commemorated After 55 Years

New Zealand Police to lift Tokelau Profile

An aerial photograph of a large-scale solar farm. The solar panels are arranged in neat, parallel rows that stretch across the landscape. The panels appear to be a dark, monochromatic color, contrasting with the lighter ground. The perspective is from a high angle, looking down at the array.

Tokelau Renewable Energy Project Begins



Sport SYMPOSIUM

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The Inauguration of the 2012-2013 Ulu Keli Kalolo. Find out more in your next Te Vakai edition



“IMPENDING THE HORIZON”

TOKELAU SPORTS SYMPOSIUM Apia, 14 – 17 February 2012



Tokelau aspires to focus its developments on opportunities that are economically and environmentally sustainable at the same time creates healthy options to its residents.

Te takitaki o te hauniga – tau huhuga
Rev. Peleti Solomona.

President of the Tokelau Sports –
Tavita Pue and the rest of your team
from Tokelau.

Representatives from the various
Tokelau communities in New Zealand,
Australia, and Samoa

Sport Administrators from various
organisations that are here with us
today,

Tokelau Athletes

Tokelau Public Service Senior
Managers

Staff members

I bring warm greetings on behalf of
the Taupulega of Atafu, Nukunonu and
Fakaofu, the General Fono, and the
Council for the Ongoing Government of
Tokelau.

Please allow me to express our sincere
apologies on behalf of my colleagues

for not being able to participate in
this very important conference. The
timing of the upcoming General Fono,
together with the many issues that
the three Taupulega need to look into
are very important hence why my
colleagues are not here with us this
today.

As the Ulu o Tokelau and Minister
responsible for Sports, it is my greatest
pleasure to welcome you all. It is also
with equal excitement that I make
this key note address – aua he kai
mo Tokelau ite malae o Takaloga ite
lumanaki.

I am very heartened to see that you
have all come from afar to lay a
stone in the development of sports in
Tokelau through the Tokelau Sports
Symposium. All of you came from
different wind directions and you have
brought with you the many different
scents of the vegetation of Tokelau
(na manogi kehekehe o te vao o
Tokelau). Our forefathers sailed the
horizon of the vast Pacific Ocean with
great courage, wisdom, perseverance
and sheer determination. I believe
you brought those values with you

as we are about to begin searching
for answers, deliberating and sharing
ideas, and arguing for common
grounds. It is important that we should
not lose sight of the fact that the tinifu
e amanakia mai mo he mafua. (the
siblings are awaiting your catch)
In 2011, the General Fono endorsed
the Tokelau National Strategic
Development Plan, 2012 – 2015.
This plan outlined the development
aspirations of Tokelau in all areas with
the ultimate vision of “Healthy and
Active Communities with Opportunities
for All”. Tokelau aspires to focus its
developments on opportunities that
are economically and environmentally
sustainable at the same time creates
healthy options to its residents. The
question for us; How can we from a
sport perspective achieve this vision?
During the last week of January
and the first week of February, a
workshop was conducted in Atafu
for senior officials from both national
and village levels. The workshop
focused on ensuring that all village
and government department plans
are aligned with the Tokelau National

Strategic Development Plan, 2012 – 2015. As a leader of Tokelau, I have to say that there were many challenges and obstacles along the way that needed to be dealt with and cleared before we could focus on the plan. With the dedications and commitments from the villages and departments I am glad to say that about 90 to 95 percent of all the plans were completed.

Tokelau identified the development of sport at all level in Tokelau as an area of importance. The Sports Symposium today is an indication of Tokelau's commitment, and her willingness to allocate resources to sports, and looking forward to the support from development partners.

Tokelau echoed and supported the resolutions of the Second Pacific Islands Sports Ministers Meeting in New Caledonia through: promoting

Pacific Values in Sports; provide funding and resources to encourage the youth participation in sports; to use sports and the promotion of physical activities as a positive vehicle, combat obesity, diabetes etc; to utilize the elevation of sports with the Pacific Islands Leaders forum to develop the best methods for sports development; etc.

Tokelau first participated in the South Pacific games in 1983 in Samoa through netball and 15 a side rugby team. We later rejoined the Pacific Games in 2007 in Samoa again through, netball, lawn bowling, swimming, alo vaka, 7s rugby, touch rugby and rugby league. Tokelau participated the Mini-Games in Cook Islands in 2009, and more recently in the Pacific Games in New Caledonia. As a leader of Tokelau, I have no

hesitation saying that Tokelau should not be taken for granted nor underestimated by its Pacific neighbours in any sport fields. From records Tokelau has competitively done well on the field against better teams and athletes from around the region, and this should be improved. The geographical size of Tokelau should never be a hindrance from winning medals. The challenge is that you today to develop a Tokelau Sports Constitution and a road-map that will allow Tokelau to develop and excel in the area of sports not only in the region but also internationally. With these few words, I look forward to your participation and it is a privilege that I declare the Tokelau Sports Symposium 2012 , OPEN.

Fakafetai ma ke manuia.

TOKELAU SPORTS SYMPOSIUM

“It was critical that the approach in planning the Sports Symposium was a whole-of-Government approach and to include all Tokelauans within significant communities around the world. These include Australia, New Zealand”

14-18TH FEBRUARY 2012, SAMOA

The Tokelau National Strategic Plan 2010-2012 identifies the development of sport in Tokelau as an area of importance and it also outlines the development aspirations of Tokelau in all areas with the ultimate vision of “Healthy and Active Communities with Opportunities for All”.

At the conclusion of the Second Pacific Islands Sports Ministers Meeting, New Caledonia in 2011, further advanced the idea that Sport can be a significant vehicle for community development.

Discussions for a Sports Way Forward started at the Pacific Games 2007 in Samoa, Tokelau participated in 8 Sporting disciplines with 250 athletes from Tokelau and New Zealand.

The National Sports Coordinator role was then created within the Department of the Ongoing Council (OCOG) of Tokelau in 2010, tasked to coordinate development of Sports on Tokelau and to review the current Sports Structure and its constitution. This was a commitment from the Government of Tokelau of its commitment in using Sport as

significant vehicle for community Development.

From 2007 Tokelau competed at the Pacific Mini Games in the Cook Island 2009 and more recently at the Pacific Games in New Caledonia 2011. Tokelau is gaining a successful sporting profile in the Pacific due to our participation at these Pacific Games. For Tokelau to compete on a Regional and International Level, Tokelau Sports Federation must comply with International Sporting body rules. This Symposium will commence the development of its legal framework and structure

It was critical that the approach in planning the Sports Symposium was a whole-of-Government approach and to include all Tokelauans within significant communities around the world. These include Australia, New Zealand, Seattle, Hawaii, Samoa and Tokelau. Invitations were sent to all.

The convergence of 34 delegates from Tokelau, New Zealand and Australia arrived into Samoa on Monday 13th February 2012 to take part in the Inaugural Tokelau Sports Symposium in Apia.

It would be fair to say that the participants arrived at the Symposium with various assumptions and expectations given the different communities that they come from. With the use of cultural tools i.e Fatele and songs about Tokelau the group merged into one by focussing on the potential benefits for all Tokelau- aua he kai mo Tokelau ite malae o Takaloga ite lumanaki.

This dynamic process ensured that the group worked as a collective throughout the symposium resulting in the production of a proposed Structure, draft Constitution, and action plan for each region, resulting in the production of a proposed blueprint for the future of sport and Tokelau and her people.

An achievement we can all be proud of.

NEXT STEPS;

Consultations of the proposed structure and proposed constitution are currently being done all Feedback and comments to be in by April 30th 2012. For more information please contact Susan Perez on hei@lesamoa.net

Joyita Commemorated After 55 Years

Sixteen passengers and the nine crew of the MV Joyita will be commemorated after 55 years.

Memorial event will be hosted by the Ministry of Foreign Affairs in Wellington, New Zealand on the 7th of March and plan to also an event to be held in Samoa and Fakaofu.

On the voyage back from Tokelau to Samoa – over the same lonely stretch of ocean Joyita would have sailed

“Where are planning to have the commemoration event in New Zealand on the 7th of March. Where the Minister of Foreign Affairs to host the event and families for the intention of acknowledging and remembering

those that actually passed on the Joyita vessel in October 1955”

“The plan is also have commemoration event at the port of departure and the anticipated port of arrival which is Fakaofu port of arrival”

A plan is also intended to erect two memorial plaques which discussion between Prime Minister of Samoa and the Ulu o Tokelau on how the event can be carried out.

MV Joyita was a merchant vessel from which 25 passengers and crew mysteriously disappeared in the South Pacific in October 1955. It was found adrift in the South Pacific without its crew onboard. The ship was in very

poor condition, including corroded pipes and a non-functional radio. Despite this, the extreme buoyancy of the ship made sinking nearly impossible.

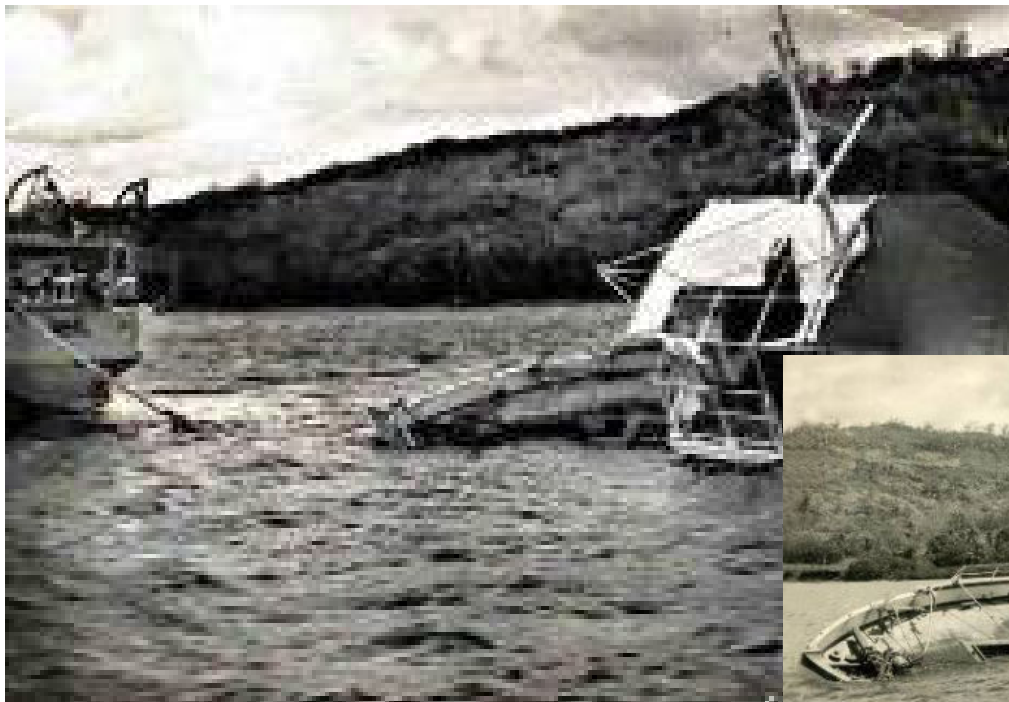
Joyita departed Samoa on the 3rd October 1955 bound to arrive in Fakaofu.

“The boat has been found but what happen to the passenger was never resolved – still a msytery”

The youngest was a three year old girl and the oldest a 66-year-old man.

Ten of the dead were Pacific Islanders from Tokelau, Samoa and Kiribati.

“...intention of acknowledging and remembering those that actually passed on the Joyita vessel”



MV Joyita photos
<http://paranomaly.tumblr.com/post/4383061923/vii-mv-joyita-the-mv-joyita-was-a-luxury-yacht>



Background information on the Joyita

The MV Joyita was a wooden ship built in 1931 as a luxury yacht. It was commissioned by the US Navy as a patrol boat during WWII, serving in the South Pacific.

On October 3, 1955, the Joyita left Samoa for the Tokelau Islands.

The Joyita was carrying cargo of medical supplies, lumber and foods,

along with 9 passengers and 16 crew. She never reached port, so a search crew covered 100,00 square miles in search of the Joyita to no avail.

The Joyita was found on November 10th, 600 miles away from her planned route. No trace

of the cargo, crew or passengers were ever found on the partially submerged

vessel.

The ghost ship's radio was tuned to the international marine distress channel. It has been theorized in books that the Joyita most likely was attacked by pirates or Japanese fishing boats possibly conducting illegal activity.

If so, the crew and passengers were murdered and the cargo stolen.

Benefits Indicated for Saint Theresa



JAWS South Pacific Shipping: Cargo Vessel Saint Theresa

Arrangement of a long term service will depend on the outcome of its trial run.

Many more opportunities could possibly open for the people of Tokelau provided that trials for new shipping service between New Zealand direct to Tokelau are successful.

The Ongoing Government of Tokelau and JAWS South Pacific shipping company from Auckland, New Zealand have agreed to a cargo shipping trial run from New Zealand to Tokelau under the Ongoing Government's Total Transport Solution Project.

The Ongoing Government has identified the service to be the best solution in opening gateways to more

opportunities for marketable resources but also support towards development projects on the islands according to the newly appointed director of Transport and Support Services, Asofa

"Just to look at sourcing the supplies from New Zealand and to help with moving cargo for the IDP (Infrastructure Development Projects) projects and the TREP (Tokelau Renewable Energy Project) project", he stated.

"Also looking at promoting what product we can export to New Zealand from Tokelau – especially fish"

"Costing analyzes that was done it will

be financially cheaper", he added.

"Saint Theresa was the best way that was identified by the Tokelau Government under its total transport solution project. It was decided that we'll going to do a trial service out of New Zealand direct to Tokelau. This vessel is on a trial bases"

Arrangement of a long term service will depend on the outcome of its trial run.

The MV Saint Theresa has departed Auckland on February 11th and will travel for 10 days before reaching Tokelau.

New TSS Director to Overcome Hurdles

The Newly Appointed Directors of Transport and Support Services, Asofa targets to achieve aims and goals of the Tokelau Ongoing Government which he looks to deal with by approaching it strategically.

It was a hard decision for me to except the post because I was at the airport but when I looked at the duty statement specifically the challenges involved with the total transport solution project with Tokelau's aim to replacing the MV Tokelau and also the airstrip projects. Those are the challenges I was interested in taking up the position - especially the shipping project now. The enthusiasm attitude to succeed has the new director set and ready to take up his new role and face challenges he may encounter.

At this stage I'm more or less face internal issues that I need to work on so once I sort those out then I will look more into policy side of things. Also working with the minister and government achieving the total transport solution project like in the shipping service and the airstrip project.

Those are the thing identified in the national strategic plan so it is in line with the plan.

I was the airport manager for one of the ground handler operation the Oceania aviation company. I'm an accountant by profession. I got a certificate with Samoa Institute of accountant and also have a master in business administration from the USP.



MV Tokelau vessel

Education Reach New Level

It's a positive sign that the education system in place at the moment is working well



Matiti School on Nukunnu

Education department receives its highest level of scholarship overseas for 2012.

According to the director of Education, Tessa Perez this year they have had the highest amount of students who will be under the Ongoing Government Educational Scholarship Scheme.

“We have had an increase every year but this year we have had the highest with six students who are leaving to study in Fiji – highest in the tertiary level”

It's a positive sign that the education system in place at the moment is working well, the director confirms. Presentation during the workshop

held in Atafu last month highlighted a high percentage of secondary passing rates with an average of 70% passing rate for year 12-13.

Background

Secondary Level students unfortunate to be granted scholarships will go under the education programs which will see kids being sent to Samoa to further study for a hands on trade.

“Students in the secondary level who are unable to obtain scholarship to study will be under programs which we will be able to send them to Don Bosco or send them to National University of Samoa to study in the Institute of Technology”

Since been approved by Government, Education department looks to start in June of this year.



Matauala School on Atufu



Tialeniu School, Fakaofu

Call for island languages to have official status

Former Labour MP Winne Laban has called for the Tokelauan, Niuean and Cook Islands languages to be accorded official status in New Zealand.

Ms Laban, now an associate professor at Victoria University, made the call in a Waitangi Rua Rautau lecture outlining a Pacific perspective on the Treaty of Waitangi.

In her speech at Te Herenga Waka Marae at the university, Ms Laban noted that English, Maori and New Zealand sign language were the three official languages.

“New Zealand has the responsibility of ensuring that the languages of the realm and our near neighbours are preserved.

“The people of Tokelau, Niue and the Cook Islands are New Zealand citizens

and New Zealand has constitutional responsibilities.

“After English, Samoan is the most daily spoken language in New Zealand. Why are these languages not ‘official’ in New Zealand?”

The Maori Language Act 1987 declared Maori to be an official language and created a right to use Maori in court proceedings. The associated Maori Language Commission was also established.

“New Zealand does not have a Pacific language policy.

“Perhaps it is time for the development of a language policy to protect, maintain and rejuvenate Pacific languages spoken in New Zealand,” Ms Laban said.

Race relations conciliator Joris de

Bres said Tokelau, Niue and the Cook Islands remained a part of the “New Zealand realm”.

All had a majority of their population living in New Zealand and language retention in New Zealand was vital to the survival of their languages.

There were 265,974 people who identified themselves as Pacific in the 2006 census, representing around 7% of the total population.

Samoans are the largest group at 131,103, followed by Cook Islanders at 58,011.

At the time of the 2006 census there were 22,476 Niueans in New Zealand and 6819 Tokelauans.

Pacific Island Affairs Minister Hekia Parata was unavailable for comment last night.

Newly Appointed Director Looks to Make it Simple and Clear

“We need to have it done properly”.

With a wealth of experience and knowledge Mr. Perez state that it will help tremendously with ensuring he will accomplish tasks of the job

The newly appointed director for the Economic Development, Natural Resource and Environment, Mika Perez looks to improve coordination and communication for enhancing faster and clear progress in order for the department to easily move forward. Perez takes its first step by restructuring the department by implementing policies with mandates on how each division operates and also to recruit officers to better manage and have a clear view on how operations are carried out.

“With fisheries division having had its policy endorsed by the Government in June 2012 we are looking at doing a similar process with other divisions”

“In these policies it's basically to better coordinate and manage Government activities as well as village activities”. The director believes that sharing the load will be able to manage activities in a smooth manner which will create a clear way forward for Tokelau.

“We have one officer who looks after so many environment issues but we need to have officers to manage different areas of the job – it's only healthy for Tokelau”.

“We need to have it done properly”. As part of the strategic planning of the department is working closely with each village taupulega by stationing

different division of the department according to which is suitable to the Infrastructure Development Programs on Island.

“Fisheries division will be based on Fakaofu, Economic division will be based on Nukunonu which is very strategic for the airstrip in terms of economic development and headquarter will be on Atafu where the minister is based - Decentralised on all of Tokelau's side”

With a wealth of experience and knowledge Mr. Perez state that it will help tremendously with ensuring he will accomplish tasks of the job.

“I started working for the Government since 1984 - I'm well acquainted with the national and local village issues “

“It will definitely help knowing the in and out and I'm passionate about developing Tokelau”

Background

Mika Perez attended Matiti School on Nukunonu and was award a scholarship to further study in New Zealand.

After successfully completing studies, took a role as a teacher under the Education department. Attended Auckland University and received a degree in Politics and Education before attending Australia National University which he was awarded a postgraduate



qualification in Development Study. He was also a member of the teachers group to established National Form 5 level in Tokelau. Was a member of the Nukunonu Taupulega as well as a member of the General Fono delegation from Nukunonu. He chaired the General Fono in 2005. Serve under the Office of the Ongoing Government department and was the Senior Policy Advisor, then became Manager of Sustainability for Nukunonu before taking up the Director of Economic Development, Natural Resource and Environment.

Tokelau drought boosts Samoa exports

The drought in Tokelau late last year has given a lift to Samoa's export sector.

Figures from the Central Bank show exports reached a rare high in November last year, partly because of the demand in Tokelau for foods such as breadfruit and coconuts.

The general manager of the Tokelau office in Apia, Jo Suveinakama, says those foods were damaged by the prolonged water shortage in the latter

part of last year.

He says water and building materials for two schools and a hospital were also imported from Samoa.

In total, Samoa's November export receipts reached nearly two million US dollars, the highest monthly level since July 2007.

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New Zealand Police to lift Tokelau Profile



New Zealand Advisor to Tokelau Police, Sergeant Terence Gibbons aim to improve and raise police profile for Tokelau. Sergeant Gibbons on his very first trip to Tokelau will meet and work together with the Tokelau Police staff on each island on how they can improve or address issues that they may face in order for them to do the job well.

“There looking good they’re looking professional I just want them to be recognized as being a professional body and have the respect that comes with that”. Sergeant Gibbons will be spending time on each island and plans to look at training for the Tokelau Police.

“During our meetings there were some officer which really had great ideas”

“There some areas where they would like to receive train in – they like training in finger printing”.

“What I want to do is speak to the staff on each of the atoll to see if there is any common theme and certainly deliver that training – their national plans they been working on so obviously there be something from there”.

The advisor will be monitoring the progress and hope to continue through to the next two to three years but is due to be travelling back in May.



UN call for new strategies for colonies including Pacific territories

The newly elected chairperson of the United Nations’ decolonisation body has called for new strategies to end what he calls the archaic concept of colonialism.

Diego Morejon Pazmino says there needs to be frank dialogue and a focus by the Special Committee on Decolonisation on economic and

environmental considerations.

American Samoa, Guam, New Caledonia, Pitcairn and Tokelau remain on the UN’s list of Non-Self-Governing Territories.

Mr Morejon Pazmino says the 16 territories on the list continue to suffer from the financial crisis and climate change.

He says the committee’s annual seminar will be held this year in the Pacific region and Papua New Guinea’s representative has suggested PNG could host the meeting.

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Atafu sub contractors working on IDP school building.

Infrastruture Development Programme on each

IDP projects on Island to extend

The On-going Government of Tokelau looks to extend deadlines for the Infrastructure Development Projects on Island.

With information provided by the General Manager of Energy to the Government states that he will need to extend projects according to the process by couple of months due to the delay in several areas of the projects.

"Papers presented to the government

are to inform them that we need to extend deadlines in our projects, General Manager of Energy stated.

"It's pretty hard working in these condition because when the sun is gets hot we can barely hold the metal cause it heats up", says the project manager for Atafu, Lomi Kuresa.

"We haven't had a decent rain to clean up the sand to wash away the salt so we can't do anything, the project manager added.

"At the moment the project has actually set some deadlines to



General Manager Jovilisi Suveinakama

be achieved but having said that there have been a lot difficulties and challenges which have caused the projects to be



Infrastructure Development Projects:



The new hospital incomplete building on Nukunonu.



Project Manager of Atafu, Lomi Kuresa with Luke Waqabuli of Engineering & Management Consultants.

delayed for several months.

“Our estimate is that by next year we will have the projects completed – we are about 50% complete”, Energy GM added.

Getting infrastructure delivered on time In addition to long delays, significant cost over-runs in infrastructure projects had also been experienced.

“So we shall step up the quality of planning, costing, and project management, so that infrastructure is delivered on time, and on budget.”

“We need to have a lot more dedication towards our projects – we only have sub-contractors from Samoa working

on the projects but each island is supposed to provide 12 to help build.

“The relevant officials would also be held liable for such misdemeanours. Well, the villages asked to take on the

project so they need to provide”

Several measures were in place to improve infrastructure project implementation and build management capacity.



Tokelau Renewable Energy Project Begins

TREP already in progress
with civil works underway.

Technical assistance to municipalities was also provided through the neighborhood development program, which supported the main projects aimed at delivering the beneficial outcome.

Special attention would be given to the procurement processes for major infrastructure projects, to ensure both value for money and development of the local.

"But professionalism, hard work, and commitment to value for money are preconditions for successful project delivery.

"The renewable energy is the big one about 12.5 million dollars for the whole projects but the first component which is actually the installation of the solar panels is about 7.5 millions. That will ensure that all our electricity need are actually generated through sustainable energy, says General Manager in Apia, Jovilisii.

"The project management has come a long time theirs more people involved now who are actually familiar with the projects but in terms of hands on management and operation it's the General Manager of Energy. There is a team of experts from UNDP and also Dr. Herbert Wade from Bangkok is one of the leading engineers in renewable energy," he added.



Tokelau Public Service and Action Planning Workshop



28 January – 02 March 2012, Atafu

(Left) Strategic Planning Advisor from the Planning & Monitoring Unit , Lili Tuioi

Approximately 30 Tokelau Public Servants descended on Atafu for a week long Planning Workshop.

Lili Tuioi- Strategic Planning Advisor from the Planning & Monitoring Unit facilitated the workshop.

Its objective was for all sectors and village actions plans for 2011-2015 are completed and to ensure that they are aligned to the Tokelau National Strategic Plan (TSNP) using one common template. The work on the progress on the Sector and Village plans has been impressive with still a couple of villages that need to refine and consult their plan with their respective Taupulega's.

1. The outcomes made from this workshop was that all Sector and Village Action plans for 2011-2015 and work programs for 2012 are finalized;

2. All participants have a good understanding of the Planning and Monitoring Unit and the responsibilities of senior managers in support of the work of this Unit.

However not all the objectives and outcomes of the workshop were met due to the extent of work that was required to get these plans to the same level of completion?

Another workshop has been agreed on before the General Fono in May to address the other objectives and outcomes that could not be addressed at this workshop;

1. To reach a common understanding on how to prepare annual budgets and annual staff performance review utilizing sector and village action plans;

2. HR development plans for 2012 are identified for sectors and village;

3. A Tentative 2012-2013 Budget.

Its objective was for all sectors and village actions plans for 2011-2015 are completed and to ensure that they are aligned to the Tokelau National Strategic Plan (TSNP) using one common template.



(Above photos) Group Activities during the workshop held on Atafu

Health Equipment

- Over the last three years there has been a lot of equipment sent to each hospital in Tokelau. The equipment that has been purchased has been based on need.
- The Department at TALO also has the same as backup. Sent various resources to aid community/patient education such as Diabetes Model and Public Health resources
- Remaining equipment we would love to purchase are CX50 Ultrasound for each Hospital (NZ\$140,000 each) and Desktop XRay machines (NZ\$200,000 each) – Total estimated cost of these are NZ\$1,020,000 which the Govt cannot afford.
- The budget for equipment has been < NZ\$200,000 per annum which has had to also include all dental supplies and ongoing consumables required to run hospital services.
- All purchases for any health issue comes out of the Department's budget, including projects which is provided for from Donor funding.
- Tokelau is also able to provide Dentures via Dr Silvia and Alapati Tavite in Nukunonu, as they have the equipment required to do so now.
- The Department is about to purchase MedTech 32, which will be installed in 2012 in each hospital. Training will be a mix of on-line & Medtech staff travelling to Tokelau
- Desktop computers have been supplied (2 for each hospital) for this purpose and for access to Online learning through POLHN Net.
- We are grateful to our NZ suppliers who have continued to provide Tokelau with the best equipment and services, namely:
Abbotts, EBOS, Hallmark, MedTech 32, Medtronics Siemens, & Opritech.



ZOLL Automated External Defibrillator (AED) & Emergency Backpack

- **Medivac Backpack** – carry everything needed for Emergencies/Medivac
- **Zoll AED** - Placed within each Village, so LifePak can stay at the hospitals



Centrifuge, HbA1c, i-Stat (Point of Care testing), Diabetes Model

• i-Stat (Point of Care Testing)

- Functions are:

- Basic biochemistry
- Sodium, Potassium, Urea, Creatinine, Glucose, Chloride, Calcium, Anion Gap, Total Carbon dioxide, Heamatocrit & Haemoglobin
- HbA1c – takes an average of the percentage of sugar in the blood over the last 8 weeks
- Centrifuge – enable Doctors to send blood samples to Apia for analysis



LifePak 15

• LifePak 15

- Functions are:

- Non invasive Blood Pressure
- Measurement of oxygen saturation
- 12 Lead (ECG) Electrocardiograph
- Monitoring
- Defibrillator

Oxygen Concentrator

- Enables air to be converted to oxygen, so Tokelau should never run out of oxygen
- There are also 2 large Oxygen cylinders in each hospital



2011 Tokelau Census of Population and Dwellings

MODULE ONE: List of tables on demographics

- Age group by sex (de jure usually resident population)
- Age group by sex (census night population)
- Age group by sex (absentee population)
- Age group by atoll of usual residence (de jure usually resident population)
- Age group by atoll of usual residence (absentee population)
- Atoll of usual residence by sex (de jure usually resident population)
- Atoll of usual residence by sex (absentee population)
- Marital status by sex
- Marital status by age group
- Number of children born by mother's atoll of usual residence
- Number of children born by age of mother
- Atoll of usual residence and home atoll for Tokelau Public Service employees by census night location

Age group - By sex

Age group (years)	Census year					
	2006			2011		
	Male	Female	Total	Male	Female	Total
0–4	84	82	166	88	74	162
5–9	85	87	172	64	70	134
10–14	95	81	176	90	79	169
15–19	96	74	170	73	71	144
20–24	54	54	108	64	68	132
25–29	40	38	78	40	48	88
30–34	43	53	96	36	26	62
35–39	52	48	100	41	41	82
40–44	36	41	77	40	41	81
45–49	37	40	77	35	39	74
50–54	25	30	55	33	36	69
55–59	20	25	45	33	35	68
60–64	24	14	38	13	23	36
65–69	14	27	41	22	16	38
70–74	11	13	24	13	22	35
75+	20	23	43	15	20	35
Not stated	1	1	2
Total	736	730	1,466	701	710	1,411

Symbol: ... Not applicable

For the de jure usually resident population

Age group - By sex

Age group (years)	Census year					
	2006			2011		
	Male	Female	Total	Male	Female	Total
0–4	63	60	123	76	66	142
5–9	66	77	143	53	62	115
10–14	86	69	155	76	67	143
15–19	69	46	115	63	57	120
20–24	31	35	66	49	50	99
25–29	30	22	52	40	39	79
30–34	29	36	65	31	23	54
35–39	36	36	72	31	36	67
40–44	34	35	69	31	29	60
45–49	31	36	67	32	33	65
50–54	26	22	48	31	32	63
55–59	21	25	46	27	34	61
60–64	22	14	36	14	19	33
65–69	12	21	33	20	15	35
70–74	10	13	23	10	23	33
75+	17	21	38	15	19	34
Not stated	0	0	0	1	1	2
Total	583	568	1,151	600	605	1,205

Symbol: ... Not applicable

For census night population count

Age group - By sex

Age group (years)	Sex		
	Male	Female	Total
0–4	10	6	16
5–9	10	5	15
10–14	15	16	31
15–19	15	15	30
20–24	14	19	33
25–29	3	9	12
30–34	7	4	11
35–39	6	4	10
40–44	11	12	23
45–49	8	6	14
50–54	5	3	8
55–59	7	2	9
60–64	1	4	5
65–69	2	1	3
70–74	3	1	4
75+	1	1	2
Total	118	108	226

For usual residents absent from Tokelau on census night
16 An Insight To Tokelau

Age group - By atoll of usual residence

Age group (years)	Census year									
	2006					2011				
	Atoll of usual residence					Atoll of usual residence				
	Atafu	Fakaofu	Nukunonu	Samoa	Total	Atafu	Fakaofu	Nukunonu	Samoa	Total
0–4	57	44	58	7	166	58	59	39	6	162
5–9	71	55	42	4	172	50	37	41	6	134
10–14	66	72	36	2	176	58	67	41	3	169
15–19	60	64	43	3	170	45	59	35	5	144
20–24	39	32	37	0	108	45	45	38	4	132
25–29	27	25	24	2	78	33	30	25	0	88
30–34	34	18	38	6	96	20	18	22	2	62
35–39	39	31	28	2	100	25	22	27	8	82
40–44	25	27	24	1	77	34	24	20	3	81
45–49	30	28	16	3	77	23	27	22	2	74
50–54	11	30	12	2	55	24	30	14	1	69
55–59	18	12	15	0	45	21	30	17	0	68
60–64	7	11	20	0	38	13	10	13	0	36
65–69	14	13	13	1	41	8	8	20	2	38
70–74	12	10	2	0	24	12	11	12	0	35
75+	14	11	18	0	43	11	13	11	0	35
Not stated	2	0	0	0	2
Total	524	483	426	33	1,466	482	490	397	42	1,411

For the de jure usually resident population

Age group (years)	Census year							
	2006				2011			
	Atoll of usual residence				Atoll of usual residence			
	Atafu	Fakaofo	Nukunonu	Total	Atafu	Fakaofo	Nukunonu	Total
0-4	12	10	20	42	8	2	6	16
5-9	14	9	7	30	4	2	9	15
10-14	7	11	6	24	16	7	8	31
15-19	21	16	19	56	12	4	14	30
20-24	17	11	18	46	14	9	10	33
25-29	8	14	10	32	6	1	5	12
30-34	9	7	16	32	2	0	9	11
35-39	8	11	12	31	3	0	7	10
40-44	3	3	5	11	13	4	6	23
45-49	2	9	3	14	7	3	4	14
50-54	2	3	5	10	2	4	2	8
55-59	3	3	2	8	4	3	2	9
60-64	1	1	7	9	2	2	1	5
65-69	0	3	5	8	1	0	2	3
70-74	0	0	1	1	2	0	2	4
75+	0	2	3	5	1	0	1	2
Total	107	113	139	359	97	41	88	226

Age group - By atoll of usual residence

For usual residents absent from Tokelau on census night

Atoll of usual residence	Census year					
	2006			2011		
	Male	Female	Total	Male	Female	Total
Atafu	249	275	524	225	257	482
Fakaofo	229	254	483	234	256	490
Nukunonu	242	184	426	222	175	397
Samoa	16	17	33	20	22	42
Total	736	730	1,466	701	710	1,411

Atoll of usual residence - By Sex

For the de jure usually resident population

Atoll of usual residence	Census year					
	2006			2011		
	Male	Female	Total	Male	Female	Total
Atafu	63	80	143	43	54	97
Fakaofo	66	56	122	22	19	41
Nukunonu	74	70	144	53	35	88
Total	203	206	409	118	108	226

Atoll of usual residence - By Sex

For the de jure usually resident population

Marital status	Census year					
	2006			2011		
	Male	Female	Total	Male	Female	Total
Never married	116	112	228	129	130	259
Married	188	182	370	205	211	416
Separated	2	4	6	4	8	12
Divorced	5	2	7	3	4	7
Widowed	15	30	45	12	32	44
Not stated	6	3	9	12	5	17
Total	332	333	665	365	390	755

Atoll of usual residence for absentee - By Sex

For usual residents absent from Tokelau on census night

Marital status - By sex

Age group (years)	Census year													
	2006							2011						
	Marital status							Marital status						
	Never married	Married	Separated	Divorced	Widowed	Not stated	Total	Never married	Married	Separated	Divorced	Widowed	Not stated	Total
15–19	101	3	0	0	0	3	107	102	2	0	1	0	4	109
20–24	49	13	0	0	0	0	62	71	23	1	0	0	0	95
25–29	24	19	0	1	0	0	44	29	42	0	0	0	5	76
30–34	13	42	2	1	0	0	58	13	34	1	0	0	1	49
35–39	11	55	0	0	1	0	67	10	49	2	2	0	1	64
40–44	2	58	0	3	1	1	65	8	44	0	0	0	3	55
45–49	4	51	1	0	2	2	60	2	51	3	2	0	0	58
50–54	5	34	1	1	2	0	43	4	50	1	0	2	3	60
55–59	6	28	0	1	1	1	37	7	45	2	1	4	0	59
60–64	4	23	0	0	2	0	29	6	22	1	0	2	0	31
65–69	3	21	1	0	7	0	32	2	26	0	0	5	0	33
70–74	3	11	0	0	7	2	23	3	17	1	0	10	0	31
75+	3	12	1	0	22	0	38	2	9	0	1	21	0	33
Not stated	0	0	0	0	0	0	0	0	2	0	0	0	0	2
Total	228	370	6	7	45	9	665	259	416	12	7	44	17	755

For usually resident population present in Tokelau on census night, aged 15 years and over

Marital status - By sex

Mother's atoll of usual residence	Number of children born alive										Total mothers
	One child	Two children	Three children	Four children	Five children	Six children	Seven children	Eight children	Nine children	10 or more children	
Atafu	14	4	17	15	6	16	7	6	6	3	94
Fakaofo	20	10	13	10	13	7	9	6	5	6	99
Nukunonu	12	4	14	15	10	5	3	2	3	0	68
Total mothers	46	18	44	40	29	28	19	14	14	9	261

For usually resident population present in Tokelau on census night, aged 15 years and over

By mother's atoll of usual residence

Age group of mother (years)	Number of children born alive										
	One child	Two children	Three children	Four children	Five children	Six children	Seven children	Eight children	Nine children	10 or more children	Total mothers
15–24	14	2	6	1	0	1	0	0	0	0	24
25–34	14	6	13	5	0	1	1	0	0	0	40
35–44	5	5	6	12	9	5	4	3	1	1	51
45–54	4	4	8	7	10	9	5	7	3	1	58
55–64	8	0	10	3	5	4	5	3	3	2	43
65+	1	1	1	12	5	7	4	1	7	5	44
Not stated	0	0	0	0	0	1	0	0	0	0	1
Total mothers	46	18	44	40	29	28	19	14	14	9	261

2011 Tokelau Census of Population and Dwellings

For usually resident female population ever given birth, present in Tokelau on census night, aged 15 years and over

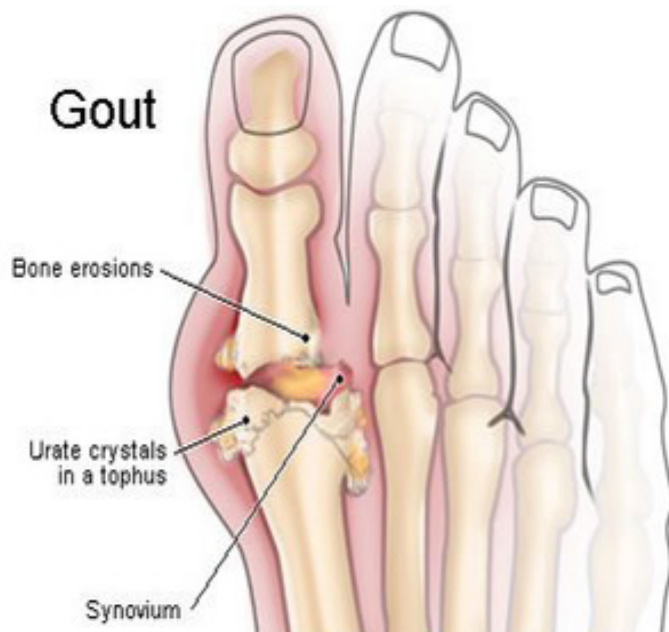
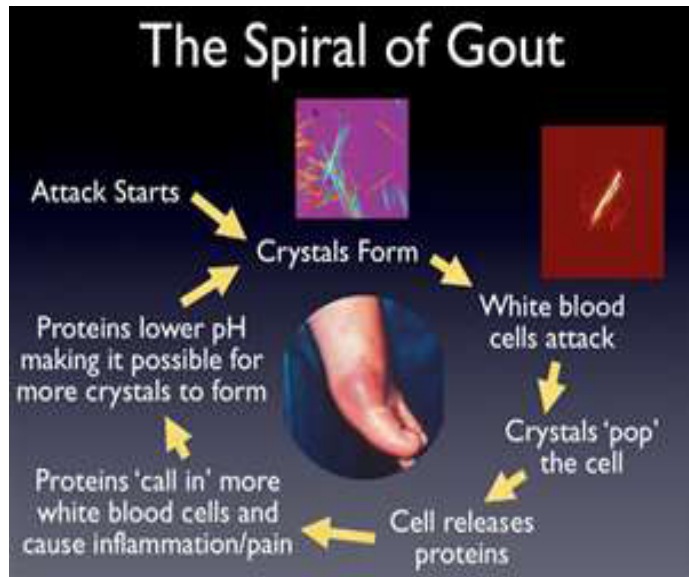
Atoll of usual residence	Census night location					
	Atafu	Fakaofu	Nukunonu	Absentee	Samoa	Total
Atafu	382	3	0	97	12	494
Fakaofu	1	441	7	41	20	510
Nukunonu	0	9	300	88	10	407
Total	383	453	307	226	42	1,411

Atoll of usual residence and home atoll(1) of Tokelau Public Service (TPS) employees - By census night location

2011 Tokelau Census of Population and Dwellings
For the de jure usually resident population

1. Tokelauan TPS employees based in Samoa and their immediate families were asked which atoll was their home atoll.

BEING CRYSTAL CLEAR about GOUT



- We literally are what we EAT !
- Gout is a global disease and is a form of Arthritis.
- Gout is more common in men rather than females but there is a susceptibility if family members have gout
- Gout is more common in the Pacific and Tokelau is not exempt.
- Gout is caused by what we eat and drink and how these foods are broken down in our bodies.
- There is an essential building block in our bodies called purine, which is also found in plants and animals.
- Purine is associated with how we are made, in other words it is a part of our DNA or makeup from when we were first conceived.
- When we eat food such as meat or oily fish that are rich in purine, or drink beer that has purine in the yeast, we put ourselves at risk of getting gout because of the over- production of uric acid as our food is broken down.
- Uric Acid is a waste product of our metabolism following eating and it exits our bodies through our kidneys as urine.
- If we don't pee enough Uric Acid, it forms crystals that hide in our joints and our first inkling something is wrong is PAIN that is first noticeable in the Big Toe, but can affect other joints such as ankles, knees, back plus other organs such as kidneys .
- Prevention
- Avoiding foods that can cause gout is a good place to start.
- Limit or avoid alcohol
- Eat a balanced diet – lots of vegetables, fresh juice, raw vegetables, low in fat, high in fibre
- Maintain a desirable body weight
- Drink at least 8-10 glasses water per day
- Exercise daily
- Treatment
- Short term anti-inflammatory medication but note some are not good to take all the time as they can cause kidney problems
- Local Doctor will determine which medication will work for you
- Key to Gout going away is
 - o Avoid causative agents
 - o Stay fit
 - o High blood pressure can influence the onset of gout as can Diabetes Type 11
 - o If on medication, take it every day as the Dr has prescribed



Director of Health
Lee Pearce

